



**Introducing...**

# **BRAINSTORMERS**

- Are you concerned about your memory?*
- Would you like to learn skills to strengthen your memory?*
- Would you like to learn something new?*

**Join us at Brain Stormers, an active program for adults concerned with memory loss.**

**We offer a positive environment for socializing, educational opportunities, memory enhancing exercises, games, whole body fitness, creative arts, stress reduction techniques, speakers, and field trips.**

**Fridays, 10:00 AM – 2:00 PM  
Peninsula Volunteers Little House  
The Roslyn G. Morris Activity Center  
800 Middle Avenue, Menlo Park**

**Prospective members will be interviewed.  
For more information, call Shawn Evans at 650-322-0126.**